

New for 2011



Increase your understanding of epilepsy in this 3½ hour client-specific workshop.

Learn strategies to help you better understand and support the individual living with a disability and epilepsy using a person-centred approach.

This workshop can be delivered at a client's home or other agreed location.

A maximum of 15 participants per workshop.

This workshop is aligned with  
CHCICS408A Provide support to people with chronic disease and  
CHCDIS409A Provide services to people with disabilities with complex needs

## Understanding and Managing Epilepsy for Disability Support Workers

### Workshop objectives:

- Identify the impact epilepsy has on an individual's life and develop strategies to minimise this impact
- Recognise seizure and post-seizure activity and provide appropriate support
- Review and implement individualised Epilepsy Management Plan
- Prepare for epilepsy medical review appointments
- Review and analyse current support strategies and develop action plan

### Workshop outline:

- The impact of epilepsy
- The facts about epilepsy and disability
- Different types of seizures
- Seizure triggers
- Medication and treatment
- Safety
- Co-existing conditions
- Epilepsy medical review appointment
- Seizure first aid
- Epilepsy Management Plan and records

### Unique value of workshop:

- The workshop has been designed in consultation with people with a disability, carers, service providers, support workers and neurologists. Participants overwhelmingly rate this workshop as highly relevant, practical and comprehensive
- Support workers are actively involved in the workshop through case study exercises, DVDs and a comprehensive workbook
- A person-centred approach emphasises the importance of involving the person and their circle of support

For bookings and fee enquiries

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**epilepsy**   
foundation of victoria

# Epilepsy Self-assessment Tool for Service Providers

## How well-prepared is your service in supporting people living with epilepsy?



Use this quick self-assessment tool to prompt your thinking. Contact the Epilepsy Foundation of Victoria if you would like to discuss any aspects further – we offer education and training for support workers in a variety of settings. Our new Understanding and Managing Epilepsy for Disability Support Workers training workshop has a strong emphasis on practical strategies that service providers and support workers can readily implement in the home, day program, respite or community setting.

<b>Person with epilepsy</b>	<input type="checkbox"/> Does the person understand their condition? <input type="checkbox"/> Has the person contributed to the writing of their Epilepsy Management Plan? Have significant others contributed? <input type="checkbox"/> Are regular medical epilepsy review meetings arranged? Is the person actively involved in preparing/attending these meetings? <input type="checkbox"/> If the person is using a helmet, when was it last reviewed? <input type="checkbox"/> If the person accesses the community independently, has the idea of a medical alert identification been discussed?
<b>Support workers</b>	<input type="checkbox"/> Have all workers received recent epilepsy and first aid training? <input type="checkbox"/> Do support workers know how to prepare the person and themselves for medical epilepsy review appointments?
<b>Epilepsy Management Plan</b>	<input type="checkbox"/> Is the plan current (no more than 12 months old)? <input type="checkbox"/> Does the plan describe all seizures for the individual and any triggers? <input type="checkbox"/> Has the plan been endorsed by the doctor? <input type="checkbox"/> Are there clear instructions on how to manage each of the seizure types, including support after the seizure? <input type="checkbox"/> Does the plan define an emergency situation and appropriate actions?
<b>Emergency medication</b>	<input type="checkbox"/> Is the plan current (no more than 12 months old) and endorsed by a doctor? <input type="checkbox"/> Does the plan state the name of the drug, dose, route, when to administer, seizure type for administration, number of doses to be given in 24 hours, when to call an ambulance? <input type="checkbox"/> Is there a strategy to ensure the drug is replenished and is not out-of-date?
<b>Other</b>	<input type="checkbox"/> Are current seizure records kept? <input type="checkbox"/> Is there a safety plan written for community/home activities?