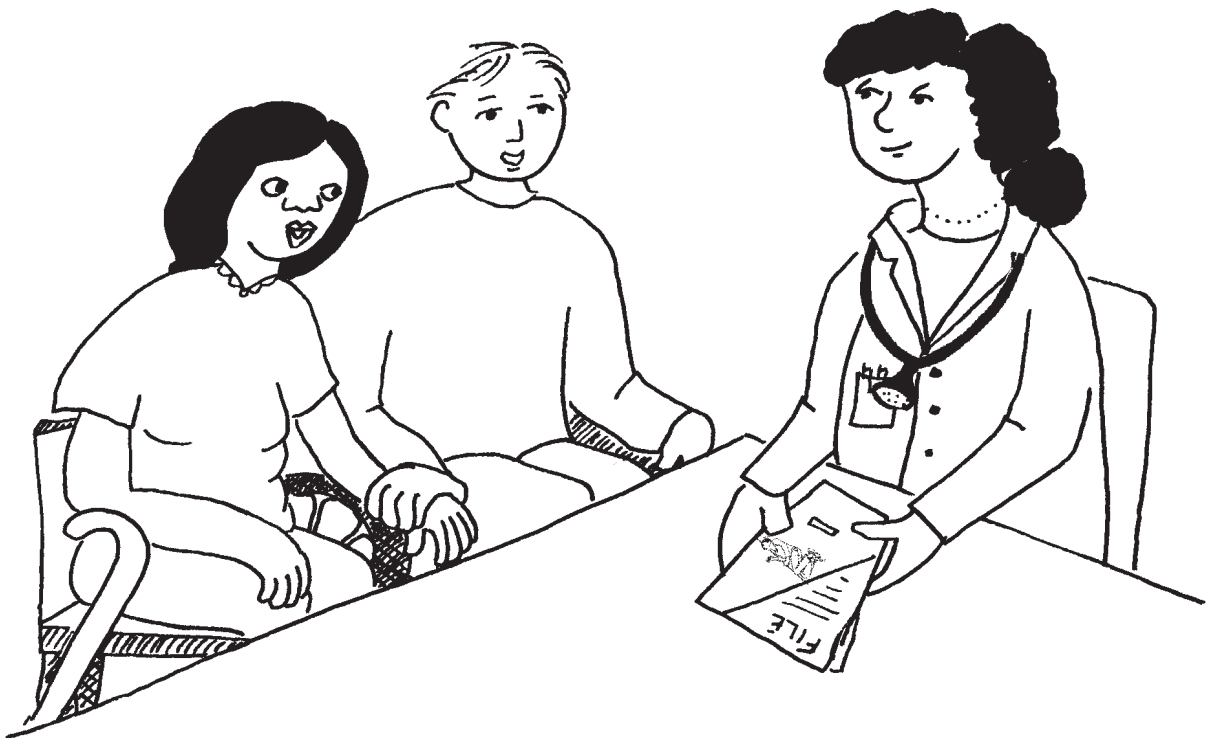


My epilepsy medical review appointment



Summary sheet



Easy English
May 2011



Information

We will call the epilepsy medical review appointment, **review appointment**.



This summary sheet will help you

- plan for your review appointment
- look after your epilepsy



This summary sheet will help your support person

- plan for your review appointment
- check what information to take to your review appointment



This summary sheet will give your doctor the information he or she needs. This will help your doctor look after your epilepsy.

How to use the summary sheet



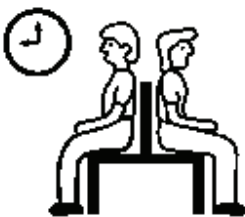
Tips for support workers

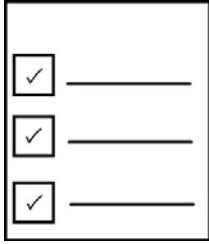
- Sit with the person with epilepsy
- Use the words and pictures
- Write down what has happened and what you talk about
- Write down what support workers and family tell you
- Take the summary sheet to the appointment



Tips for the appointment

- The support person who goes to the appointment should know the person with epilepsy well
- Get there on time
- If the person with epilepsy does not like waiting, call and tell the clinic before the appointment





Checklist of things to take to the appointment

- 1. Write up to 2 page summary of the Seizure Record Chart

- 2. Epilepsy Management Plan and Treatment or Medication Sheet

- 3. Test results and doctors reports from the last 6 months

- 4. Webster pack



My epilepsy medical review appointment

Summary sheet

My name _____

My appointment date _____

Doctor _____

Where is my appointment? _____

My appointment time _____

My support person is _____



1. What is something good that has happened to you in the last 4 weeks?



2. What does your epilepsy stop you doing?



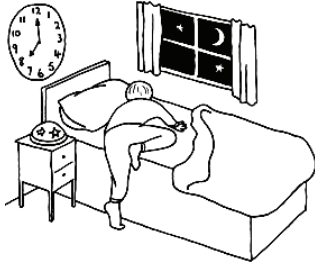
3. Tell me about your seizures.

Examples – how often, how long, any patterns



4. Have you hurt yourself since your last review appointment?

Examples – from seizures, from something else



5. Do you find it hard to get to sleep?

Do you wake up earlier in the mornings?

Do you wake up in the middle of the night?



6. Has your mood been different?

Examples – happy, sad, not interested, cross



7. Your medication for epilepsy

What side effects do you have?

Is it hard to take your medication?

Do you need more scripts?
