

LIBRARY: Recommended Reading List for Children

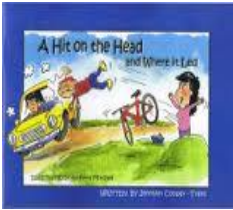
All books are available for loan to Members of the
Epilepsy Foundation of Victoria.

Those titles marked with ★ are also available for sale from the
Library Bookshop,
on-line via www.epinet.org.au/catalogue/shop
or
by the attached order form.

Pauline Brockett
Librarian
pbrockett@epilepsy.asn.au
Phone: (03) 9805 9114

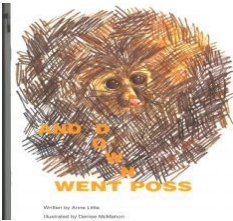
Further information on library resources may be found on the EFV website:
www.epinet.org.au/articles/library

December 2011



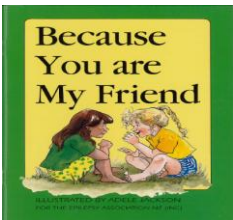
A hit on the head and where it led by J. Cooper-Trent and Anthony Mitchell. Balgowlah, NSW, Momentum Multimedia, c2004.

A small boy tells of his experiences coping with the aftermath of an accident which left him with a brain injury. Although not epilepsy-specific, it explains diagnostic tests well and is written in an easy, rhyming style.



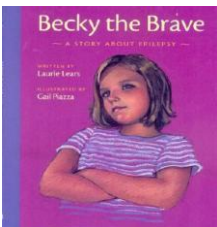
★ ***And Down Went Poss*** by Anne Little. Fortitude Valley, Qld, Epilepsy Association of Qld, 1994.

This delightfully illustrated book tells of little Poss' feelings when he is first diagnosed with epilepsy. Explores the topic of epilepsy and looks at the impact of being different. It is accompanied by ideas for activities which complement and enhance the reader's understanding of the story. This title is also available in 'giant' format for group storytelling.



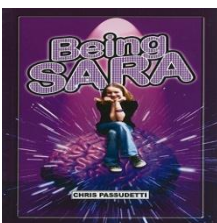
Because you are my friend by Adele Jackson. Hamilton NZ, Epilepsy New Zealand, 1995.

A nine year old girl describes her epilepsy and how it affects her. She tells of different seizure types and the need for support and understanding. A good teaching aid for families and schools. This title is also available in 'giant' format for group story telling.



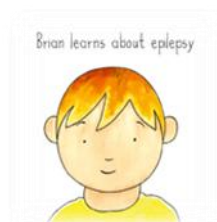
Becky the brave; a story about epilepsy by Laurie Lears and Gail Piazza. Morton Grove, Ill. A. Whitman, c2002.

When Becky becomes frightened of going to school in case she has a seizure her younger sister Sarah braves Becky's classroom and explains about epilepsy. The warm response is an encouragement to Becky.



Being Sara by Christopher Passudetti. La Jola, CA: Scobre Press, 2009.

The personal journey with epilepsy, of a teenage 'epilepsy activist' who possesses a very positive attitude to her future. Includes good explanations of epilepsy for young people.



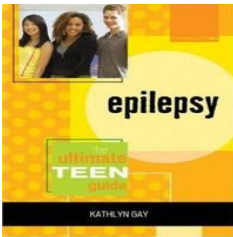
Brian learns about epilepsy by Epilepsy Scotland. Glasgow, Epilepsy Scotland, c2009.

Brian returns from a party where he had seen a small friend have a seizure. He relates to his Mother what he had learned about first aid from watching how his friend's father had handled the situation. His Mother tells him that it's good that he knows, for she has epilepsy too. A delightful little book which can be printed from Epilepsy Scotland Website.



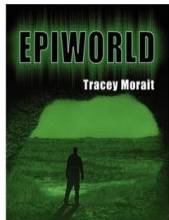
Day by day by me [seizure diary] by National Centre for Young People with Epilepsy. Lingfield, Surrey, National Centre for Young People with Epilepsy, c2009.

An excellent, imaginative, interactive seizure diary for children.



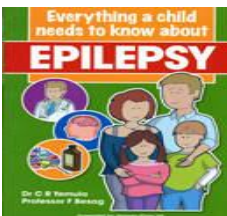
Epilepsy; The ultimate teen guide by Kathlyn Gay and Sean McGarrahan. Lanham, Maryland, Scarecrow Press, 2007.

This book addressed to teenagers and including personal stories of young people, discusses the myths and facts of epilepsy, its diagnosis and treatment and offers advice on living well with epilepsy.



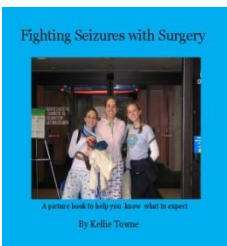
Epiworld by Tracey Morait. K&T Mitchell, UK, 2010.

All human diseases have been eradicated by genetic cleansing, but there are still people who are 'unclean' and locked away in institutions. Travis is one of them, until one day Dr Alexander helps him to escape to a world where nothing makes sense. Travis has powerful seizures which take him and his new friend Demi on a quest through time to seek and destroy Chase, the man he hates. Along the way he has to deal with shocks, surprises, traumas, and death, until at last he ends up on a beach, where his fate will finally be decided. A book for teenage boys.



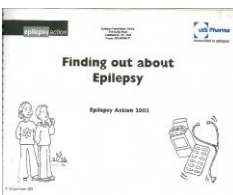
Everything a child needs to know about epilepsy by CR. Yemula and F. Besag. Cressing, National Service for Health Improvement, c2008.

This book is written for school-age children to help them understand more about epilepsy, treatment and lifestyle changes. Illustrated in colour and written with humour.



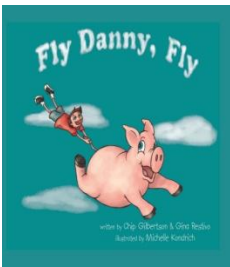
Fighting seizures with surgery; a picture book to help you know what to expect by Kellie Towne. [USA] Blurb Inc, c2008.

The book walks the reader step-by-step through the entire surgery process, from the beginning tests through to the recovery. Using photos taken throughout her surgery, Kellie lends simple explanations and descriptions, from a patient's point of view. Suitable for a person of any age contemplating surgery.



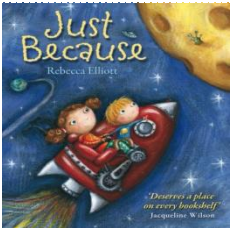
Finding out about epilepsy by Epilepsy Action UK, Yeadon, Leeds, Epilepsy Action 2002.

The book is intended to help people with learning difficulties understand their epilepsy and is made up of illustrations and simple sentences about the causes of epilepsy, triggers of seizures, medication, side effects and first aid. Produced by a project group of professionals it is 'aimed at education and community care staff and carers of people with learning disabilities'.



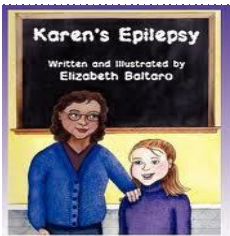
★ **Fly Danny fly** by Chip Gilbertson, Gina Restivo and Michelle Kondrich. Evanston, Ill. Pig Up Station, c2011.

Written in gentle rhyming verse complimented by beautiful illustrations, Fly Danny Fly is dedicated to a lively little boy, Danny Stanton, who died through epilepsy. In this thoughtful story we accompany a sensitive boy as he contemplates his imagination. We meet with his pretend friend - a flying pig - and with new kindred spirits who affirm his imaginary companion. Together they joyfully remind us to believe in our dreams and to allow others to do the same in their own way. A delightful, uplifting story which will be enjoyed by children from 3 to 99.



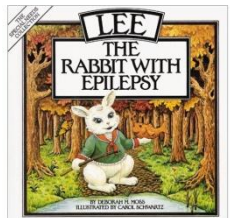
Just because by Rebecca Elliott. Oxford, Lion Children's, 2010.

Toby loves Clemmie, his sister with a disability - no matter what.



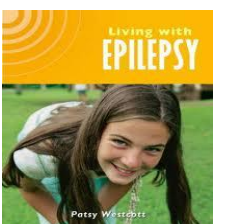
Karen's epilepsy by Elisabeth Baltaro. Omaha, NE, WriteLife, c2010.

At first, at her new school, things don't go well for Karen who has complex-partial seizures but things change when Karen is able to care for her teacher who has a tonic-clonic seizure in class.



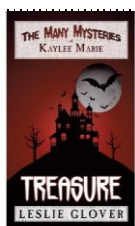
Lee, the rabbit with epilepsy by Deborah Moss and Carol Schwartz. Kensington MD, Woodbine House, 1989.

A delightful story of Lee, the rabbit, who has absence seizures. It is suitable for young children with epilepsy, their siblings and friends.



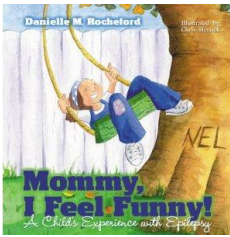
Living with epilepsy by Patsy Westcott. London, Hodder Wayland, 1998.

Introduces topics such as diagnosis, triggers, first aid and problems in everyday life and at school. For the older primary school child.



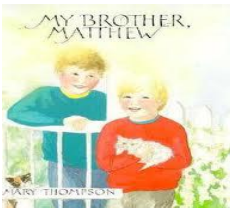
Many mysteries of Kaylee Marie: treasure by Leslie Glover. Central Milton Keynes, AuthorHouse, 2009.

Inspired by her daughter who has epilepsy Leslie Glover has created in her name, Kaylee Marie, a teenage character with epilepsy, the heroine of a series of mystery stories.



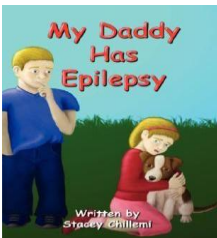
★ ***Mommy I feel funny; a child's experience with epilepsy*** by Danielle M. Rochford and Chris Herrick, [Deadwood, Oregon?], Greenswing, 2009.

Based on a true story, this captivating picture book introduces Nel who is diagnosed with focal seizures as a child. We journey with Nel and her family as they learn about epilepsy and we follow her development into an adventurous, active and involved adult. At 27 years old Nel has successful surgery that leaves her seizure free. (3-12 years)



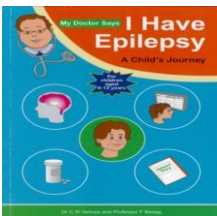
My brother, Matthew by Mary Thompson. Rowville, MD, Woodbine House, 1992.

In this realistic and compassionate tale, David tells what happens in his family and what it is like to be the older brother of Matthew, born with 'disabilities'.



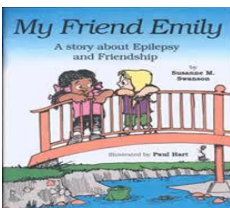
My daddy has epilepsy by Stacey Chillemi. www.lulu.com: Lulu, c2006.

A guide and explanation of epilepsy written especially for children. The children provide sound first aid when Daddy has a tonic-clonic seizure.



★ ***My Doctor says I have epilepsy; a child's journey*** by Dr.C.R. Yemula and Prof. Frank Besag. Bedford, Health Insights 4U Ltd., 2010.

This book tells you the story of Jack, who has epilepsy. Via his journey, described with facts, humour and puzzles you will begin to understand epilepsy, its causes, diagnosis, treatment and life style changes. (6-12 years)



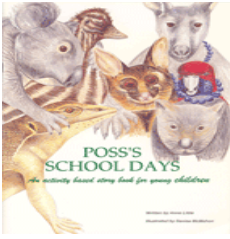
My friend Emily by Susanne M. Swanson. Writer's Press Service, Boise, ID, 1994.

Explains the need of friendship, support, and acceptance and covers principles of first aid for convulsive seizures.



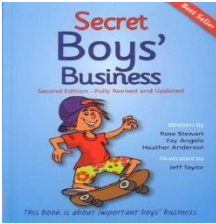
Our Mummy has epilepsy by Barry Brailsford. Frenchs forest, NSW, Marion Merrell Dow Publishers, 1994.

This cheerful little book explains epilepsy to young children. The book is now out of print but permission has been obtained for EFV to photocopy and distribute it.



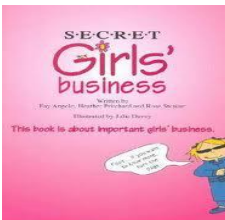
★ **Poss's school days; An activity based story book for young children** by Anne Little. Fortitude Valley, QLD, Epilepsy Association of Qld, 1995.

This picture storybook includes activities to increase student knowledge of epilepsy, suggesting appropriate responses to seizures and encouraging a caring and accepting attitude to reduce the stigma associated with the condition. Includes worksheets.



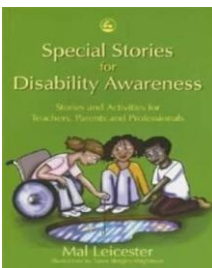
Secret boy's business by Fay Angelo, Heather Pritchard, Rose Stewart, Rose and Julie Davey. North Balwyn: Heather, Rose, Fay, 2006.

A positive informative book presenting reassuring information for boys, to help them progress through the changes of puberty.



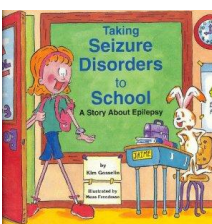
Secret girl's business by Fay Angelo, Heather Pritchard, Rose Stewart, Rose and Julie Davey. North Balwyn: Heather, Rose, Fay, 2003.

This book 'provides easy to understand information about the changes of puberty, for girls - most specifically, periods.'



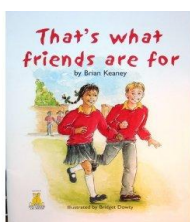
Special stories for disability awareness; stories and activities for teachers, parents, and professionals by Mal Leicester and Taryn Shrigley-Wightman. Philadelphia: Jessica Kingsley, 2007.

'In this collection of short stories, the heroes and heroines are disabled children who defy the stereotypes associated with being disabled.' It promotes disability awareness and discussion among children aged 4–11, addresses issues such as fear, loss, feeling 'different', bullying, exclusion, joy, success, friendship and emotional growth. It is as well a tool for teachers, parents and professionals to understand the experiences of disabled children.



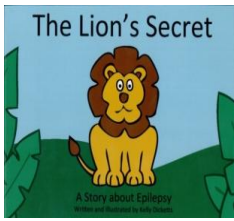
★ **Taking seizure disorders to school** by Kim Gosselin and Ross Friedman. Valley Park, MO, JayJo Books, 1996.

A great little book designed to explain seizures to the classmates of children with epilepsy. Popular with parents and teachers.



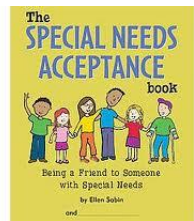
That's what friends are for by Brian Keaney and Bridget Dowty. London, Epilepsy Action, 2003.

A story about a young boy who, coming to terms with being diagnosed with epilepsy, looks at the different reactions of his friends and family. He has complex partial seizures.



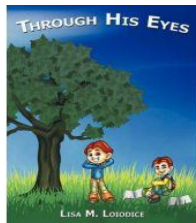
★ ***The Lion's secret; a story about epilepsy*** by Kelly Dicketts. Townsville, Kelly Dicketts, 2011.

Written and delightfully illustrated by the mother of a small boy who has tonic-clonic seizures. In this simple story we meet Aiden, strong as a lion, King of the jungle, who shares the secret of his epilepsy with his animal friends. He explains what different types of seizures and tells what to do if they see someone having tonic-clonic seizures. He hopes that revealing his secret will make no difference to their friendship. His hope is fulfilled. (3-10years.)



The special needs acceptance book; being a friend to someone with special needs by Ellen Sabin.[S.I] Watering Can Press, c2007.

Written to encourage an understanding of children with special needs, promoting friendship, acceptance and affirmation of these children.



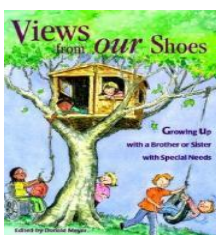
Through his eyes by Lisa M. Loiodice. Bloomington, In. AuthorHouse, 2009.

The story of Dylan, who has JME, and his family's experience of epilepsy. It is a sensitive exploration of the many adjustments made and understandings which have to be developed when a child is diagnosed with epilepsy



What's up with Wendy? MediKidz explain epilepsy by Kim Chillman-Blair, and John Taddeo. London, MediKidz, 2009.

Written in comic format which may appeal to children 'MediKidz are a group of larger-than-life, space dwelling characters who live in ...a planet shaped just like the human body...who take children on a journey...explaining complex medical issues in a language and style that they can understand'



Views from our shoes: growing up with a brother or sister with special needs by Donald Meyer. Bethesda MD, Woodbine House, 1997.

Covering a variety of special needs, forty five siblings, aged four to eighteen, share their experience as the brother or sister of someone with disability. Helpful and easy to read.